

Are You Feeling Anxious, Depressed, Confused, Or Unsure Of What You Feel?

You don't have to go through your healing era alone.



We are here to help.

We provide personalized psychiatric care, combining medication and supportive therapy.

Our Holistic Care Approach

Medication  Psychotherapy



You Matter.

Take the First Step to positive change. Together, we'll transform constant worry to calm confidence.

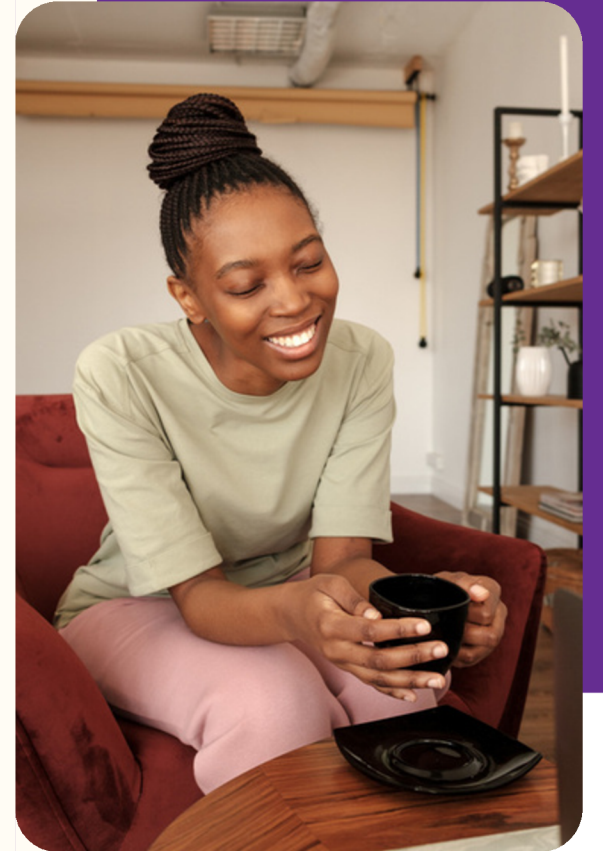
 **Let's Talk**

703-870-0738

More Information

www.godaellimentalhealth.com
care@godaellimentalhealth.com

Godaelli Psychiatry & Mental Health Center



Professional Care With A Human Touch

Grow, Heal, Thrive

We specialize in these conditions and more.

- Depression
- Anxiety
- OCD
- ODD
- Trauma (PTSD)
- ADHD
- Autism
- PMDD
- Bipolar Disorder
- Schizophrenia

Insurance Plans and Private Pay Accepted.

Learn More:
703-870-0738

Schedule online at:
godaellimentalhealth.com



Our Services

- ✓ Medication Management
- ✓ Talk Therapy
- ✓ Adult Care
- ✓ Child & Adolescent Care
- ✓ GeneSight® Testing
- ✓ In-Person Appointments
- ✓ Online Appointments
- ✓ Holistic Treatments

Take Back Control



They don't see the anxiety that comes with the mask you hide behind. That mask isn't you and you find it harder and harder to keep that facade alive.

It feels like it is slipping away.

And, all you know is that you don't want to pretend anymore. You don't want to pretend to be this go getter who has their stuff together.

You feel like you're losing control.

You feel powerless to get what you want.

To feel the way you want.

You used to feel joy and peace before. Now, You really want that back.

At Godaelli Psychiatry and Mental Health Center, we understand that feeling of crippling anxiety and the loss of self.

We also know that there is hope.

Hope for you to find joy again. Hope for you to move beyond this struggle that keeps you stuck in worry and the loss of control.

It's time to find your peace. It's time to take control.



 godaellimentalhealth.com



Our Approach to Care at Godaelli Psychiatry & Mental Health Center



Expert Team of Licensed Psychiatric Providers

Our team of psychiatric providers have a combined 25 years of healthcare experience & specialize in various areas of mental health.



Holistic and Client-Centered Approach

We prioritize a whole-person approach to treatment, considering all aspects of your well-being.



Effective Evidence-Based Treatment

We stay up to date with current psychiatric treatments and incorporate evidence-based strategies to give you the most effective care possible.



Welcoming and Confidential Environment

Our clinic is designed to be a safe and confidential space where you can feel comfortable exploring and addressing your mental health challenges without judgment.



Call us at 703-870-0738

About Us

At Godaelli Mental Health, we believe in the holistic-care approach that connects the mind and the body, as highlighted in the seven petals in our logo below.

We apply kind, professional help as you heal and learn more about yourself in a safe space.

Our services are offered online and in person for your convenience.

