

The school year brings things to the surface.

Grades slipping. Mornings that take an hour. A teenager who used to talk and now does not. We evaluate, explain what we find, and plan treatment together.



01 / WHY FAMILIES CALL

- → Trouble focusing or finishing schoolwork
- → Anxiety about school, tests, or other kids
- → Withdrawal, irritability, or a low mood that stays
- → Sleep that has shifted or stopped

02 / WHAT TO EXPECT

- → Evaluation and psychological testing
- → Medication management, reviewed at every visit
- → Supportive therapy alongside it
- → Parents included in the plan

Start with a phone call.

(703) 870-0738

godaellimentalhealth.com

Video visits across Virginia



WOODBIDGE · FREDERICKSBURG · MCLEAN · STAFFORD

SCAN TO REACH US

If your teen needs help now, call or text 988, text 741-741, or call 911.

Godaelli Psychiatry & Mental Health Center · Psychiatric evaluation, medication management, supportive therapy and testing · godaellimentalhealth.com